

# THEORY & PRACTICE

THE PANUSKA COLLEGE OF PROFESSIONAL STUDIES

## Sharing a National Tragedy

By Dr. Marjorie Maddox

Nursing students in the Community Health Nursing class responded

in a unique way to the events of the past few weeks. On September 13, LPN-B.S. nursing students spent part of their service-learning time interacting with the elderly attending Telespond Senior Services, Inc., Adult Day Care in West Scranton. The students decided to engage the seniors in making patriotic badges to wear to proclaim their feelings about America.

The students interacted with 25 to 30 older adults, and together they made over 200 badges. While this activity encouraged fine-motor function and eye-hand coordination among the seniors, it also provided a time for the seniors to discuss the events of the past few days. Many of the older adults shared stories of their experiences during past national

tragedies such as Pearl Harbor and their feelings about being an American. The students listened and encouraged their participation.

Often family members do not take the time to discuss current events with older adults, especially those with decreased cognitive abilities and/or dementia like many who attend adult day care. Through their interactions, the nursing students facilitated a discussion, assisting those participating with expressing their concerns and feelings while providing an outlet for the release of emotion related to this tragedy. Because of limited cognitive abilities, some of the older adults might not have been able to articulate or even understand the events of the past few weeks, but they still could feel a change in the environment and sense that something major had happened.

As a part of the service-learning experience, we want our students to function



LPN-B.S. nursing student Vicki Jason makes patriot badges with senior citizens at Telespond Senior Services.

as caring members of the surrounding community, to develop a sense of civic responsibility. The nursing students responded independently to an unspoken need in this particular community.

Donations have been collected for the badges as they have been distributed throughout Lackawanna County. Money raised has been donated by this group of students to the American Red Cross.

## Panuska College Premieres Teen Violence Book and Video

We painfully acknowledge the growing epidemic of youth violence – fighting, threats, animal cruelty, dating violence and even homicide. Homicide ranks as the second leading cause of death for children aged 15 to 19, and most of these acts are committed with handguns. Children are not born violent. They learn violence at home or in their community.

If violence is learned, can it be prevented? Research demonstrates that it can, and the Panuska College of Professional Studies plans to be on the forefront of youth violence prevention. Armed with research findings, clinical experience and common sense, the Panuska College will premiere its latest entry in the Family Values Series, “Teen

Violence Prevention,” in December. This 45-minute video highlights the key factors in the book *Not My Kid: 21 Steps to Raising a Nonviolent Child*, by Mary Muscari, Ph.D., associate professor in Nursing, and published by The University of Scranton Press for release December 1.

Using a quick-read, parent-friendly approach, the book begins with the differentiation of normal from problematic behaviors and proceeds to provide specific suggestions on topics such as discipline, conflict resolution, responsibility, tolerance, family values, peer pressure, firearm safety and media usage. It concludes with chapters on the warning signs of violence, decreasing bullying behaviors and getting help if parents sus-

pect that their child is demonstrating violent behavior.

The video complements the book and is designed for educators, counselors, health professionals and others who work with children. It utilizes a variety of audiovisual techniques, including dramatic scenarios, to highlight each of the 21 steps from knowing what’s normal and what’s not to getting help when a problem is suspected.

Violent behavior isn’t just a stage – children won’t grow out of it. With *Not My Kid* and the “Teen Violence Prevention” video, the Panuska College and The University of Scranton help both parents and professionals prevent youth violence and put an end to this epidemic.

## Panuska College Presents Excellence in Service-Learning Awards

The foundation of Jesuit education supports the development of an ethic of service among our students and the entire University community. The Panuska College of Professional Studies established the Excellence in Service Learning Awards in the spring of 2000 to recognize students who have demonstrated exemplary service. Through an integrated service-learning program, students in the Panuska College of Professional Studies complete 10 hours of service per semester or 20 hours per academic year for a total of 80 hours over the course of four years as a requirement for graduation. Each year, students are nominated and a selection committee within CPS selects outstanding undergraduate students who exemplify the ideals of service-learning.

The criteria for selecting the recipients were outstanding service in the local community, exemplary achievement in academics and leadership, and the ability to collaborate and engage in meaningful reflection.

Three finalists and one recipient of the Excellence in Service-Learning Award were selected. The finalists were senior Ann Kutney (Nursing), junior Meghan O'Connell, (Special Education) and senior Melissa Fries (Occupational Therapy). The recipient of the Excellence



University of Scranton students Ann Kutney, Meghan O'Connell, Mary Beatrice Maslar and Melissa Fries received excellence in service-learning awards from James Pallante, Panuska College dean, and Rev. Joseph M. McShane, S.J., University president.

in Service-Learning Award was given to sophomore Mary Beatrice Maslar (Nursing). In addition to a host of community activities, Mary Bea – along with her mother, father, sister and 10 other University of Scranton student volunteers – participated in a service trip to Williamston, North Carolina. Students on the trip worked with the elderly, tutored in an after-school religious education program and helped the area recover from floods that ravaged the area.

Nursing Professor Patricia Bailey was also recognized for her dedication and commitment to service-learning. Dr. Bailey was instrumental in pioneering the service-learning program for the Nursing Department and the Panuska College as a whole. She has represented The University of Scranton at national meetings involving service-learning and is co-author of the book *Integrating Community Service into Nursing Education*.

## Leahy Center Names Annual Award for Faculty

The work being done with support from the Edward R. Leahy, Jr. Center has expanded this year. In addition to supporting a very successful faculty research and development program, which will be continued, the Center's Board has created an annual award for excellence for the Panuska College of Professional Studies (PCPS) faculty. The faculty member who receives the award

will be known as the Leahy Faculty Fellow. The award is for two consecutive years and includes a cash award, professional development allowance, and a partial underwriting of salary. The first winner, and therefore the first PCPS Leahy Faculty Fellow, is Dr. Gary Mattingly, Professor of Physical Therapy. Congratulations to Dr. Mattingly on this outstanding achievement.

## Board of Visitors Welcomes Members

The Panuska College of Professional Studies is pleased to announce two new board members. Gerald Savitsky is an attorney with Reagan Bank in Washington, D.C. Paul Ondrasik is an attorney with Steptoe and Johnson in Washington, D.C. Each will serve a three-year term.



John Greggo (right), director of the University's Counseling Training Center, receives the Panuska College of Professional Studies Distinguished Service Award from Dean James Pallante.

## Assistant Professor Receives Fulbright

Assistant Professor Vivian Ripley, Counseling and Human Services, was accepted as a Fulbright Scholar for the Fulbright Group Project Abroad to Ghana, West Africa. Dr. Ripley was selected from a very competitive group of fellow educators and professors for this project. The purpose of the trip was to enhance multicultural aspects of curricula for schools and colleges. Dr. Ripley was in Ghana from 15 July to 15 August 2001.

Dr. Vivian Ripley visits with students at Tema Royal Prep Nursery and Junior Secondary School in Tema, Ghana.



Lori Bruch (Counseling and Human Services) was instrumental in helping the department to receive accreditation for the Rehabilitation Counseling program's annual program review by the Council on Rehabilitation Education (CORE); was re-elected to the Board of the National Council on Rehabilitation Education (NCRE).

Joseph Cannon (Education) was recognized by Kappa Delta Pi, International Honor Society in Education, for his volunteer role as chapter counselor. The counselor role includes serving as the sponsor and facilitator of all chapter activities, involving faculty members in identifying new candidates for membership, and promoting chapter installations. The counselor also develops officer leadership opportunities, professional development programs and coordinates important service projects.

Thomas Ciucci (Occupational Therapy) presented "Level II Fieldwork Remediation – It Takes a Team" at the Pennsylvania Occupational Therapy Association's annual conference in Harrisburg, October 20.

Ronald Deitrick (Exercise Science) served as a reviewer for and contributed the article "A Research Agreement for Students in Exercise and Sport Science" to *Sports Science*, January-April 2001; co-authored a paper published in *Medicine and Science in Sports and Exercise*, April 2001, and presented at the National American College of Sports Medicine meeting in Baltimore, June; with Curt Dixon (Exercise Science), co-authored "The Effects of Post-Tetanic Facilitation on Six Rep Max Bicep Curl" and will present the paper at the November regional Middle Atlantic States American College of Sports Medicine meeting.

Mary Jane DiMattio (Nursing) completed her doctoral dissertation, "Women's Home Recovery from Coronary Artery Bypass Surgery: A Longitudinal Study of Functional Status and Correlates," and earned her Ph.D. in nursing in June from the University of Pennsylvania.

Marian Farrell (Nursing) and Margaret Zalon (Nursing) assisted with the planning and instruction for the summer Nursing Camp sponsored by Dexter Hanley College.

Renee Hakim (Physical Therapy) completed her doctoral dissertation, "A Fall Risk Reduction Intervention for Community-Dwelling Older Adults," and earned her Ph.D. in public health in May from Temple University.

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Mark Kandel (Education) had two proposals – "Behavior Management 101: Strategies for First-Year Teachers" and "Designing and Implementing a Positive Behavioral Support Plan" – accepted for Pennsylvania Federation Council for Exceptional Children's state conference; was appointed to the Board of Directors of the Scranton Counseling Center and United Cerebral Palsy.

Marjorie Maddox (Nursing) published "The Word in Song" in *Journal of Christian Nursing*, vol. 18(2), pp. 15-16; published "Circle of Christian Caring: A Model for Parish Nursing Practice," in *Journal of Christian Nursing*, vol. 18(3), pp. 11-13; published "Teaching Leadership and Management to RN-B.S. Students" in *Nurse Educator*, vol. 26(3), p. 119+; published "Is There a Place for Spiritual Assessments in Primary Care?" in *The Nurse Practitioner*, vol. 26(6), pp. 2-3.

Mary Muscari (Nursing) completed a manuscript revision on her latest book, *Not My Kid: 21 Steps to Raising a Nonviolent Child*, published by The University of Scranton Press; rewrote the introduction for the teen violence video script (full script in progress); completed the script for Panuska College health careers recruitment video; developed the Panuska College web-based magazine, "Healthy Lifestyles for Today's Families."

Pete Olden (Health Administration and Human Resources) was selected as a runner-up for the Faculty Publication of the Year award of the American Academy of Medical Administrators for his paper, "The Prevalence of Hospital Health Promotion and Disease Prevention Services: Good News, Bad News, and Policy Implications"; presented "Healthcare Leadership Skills Needed for Population Health" at the Academy of Business and Administrative Sciences international conference in Quebec City, Canada, July 14; presented "Lessons from University-Community Collaboration to Prevent

Youth Tobacco Use" at the annual Community-Campus Partnerships for Health conference, San Antonio, May 6.

Carol Reinson (Occupational Therapy) facilitated two workshops, "Early Intervention for Children with Disabilities" and "Pre-School Programs for Children with Disabilities," as part of the Georgian/American Partnership for Rehabilitation and Special Education in Tbilisi, Republic of Georgia.

Ivan Shibley (Education) published "Technology's Impact on Student Achievement. The Jury's Still Out" in *PSBA Bulletin*, June 2001, pp. 40-46; was appointed to the Pennsylvania Department of Education planning committee for the 2001 Governor's Institute for Teachers; presented a two-hour public school leadership program at Schuylkill Intermediate Unit 29, April 28; conducted a four-hour public school leadership/administrative testing program at Appalachia Intermediate Unit 08, July 12.

Rhonda Waskiewicz (Occupational Therapy) defended her Ed.D. in education administration at Temple University, September 14; facilitated a workshop, "Fieldwork at Risk, Dealing with Student Professional Behaviors," at Kean University, October 4; presented two papers at the first annual International Conference on Service-Learning Research, University of California, Berkeley, October 21-23.

Gloria Tansits Wenzel (Education) presented the poster "White Ethnic Children: Including Their Cultures When Teaching About Diversity" at the Association for Childhood Education's annual international conference and exhibition in Toronto, Canada, April 3-6.

Daniel West (Health Administration and Human Resources) received recognition for attaining the most prestigious and highest membership category, Fellowship for AAHC, for his contributions to the health field, consulting and service to AAHC.

**Counseling & Human Services**

The Rehabilitation Counseling program has received continuing approval and recognition for another academic year. While the basic CORE program accreditation lasts until summer 2007, the annual review process is also an important benchmark of quality in counselor education.

The department wishes to express congratulations and thanks to the program's director, Dr. Lori Bruch. Her wise and vigilant stewardship has helped us to maintain this important program accreditation, and her continued work ensures excellent counselor preparation for our graduate students. In addition, the faithful and high-quality mentoring afforded to our students by the full-time and adjunct faculty, as well as the professional staff, is greatly appreciated and acknowledged.

**Education**

Three undergraduate students have been selected for an international student-teaching experience this fall: Jennifer Kaub (Secondary Education), Archbald; Jessica Stapfer (Elementary Education), Springfield, N.J.; and Lara Biagiotti (Elementary Education), Cliffside Park, N.J. Students will spend six weeks on the island of Curaçao in the Netherlands, Antilles, working with students at the American Preparatory School in Willemstad. Prior to traveling to Curacao, students will participate in seminars designed to prepare them for this international experience.

Undergraduates enrolled in Education 241, Foundations of Reading Instruction, have had the opportunity to put into practice what they have learned in the classroom. As part of an initiative to integrate service-learning into course work in the Panuska College of Professional Studies, students have been required to tutor youngsters experiencing difficulty with learning to read. Children from Scranton city schools are referred to the program by their teachers and principals. In the first semester of the tutoring program, Dr. Jeff Cantrell, former faculty member, instructor for Education 241 and Director of the University's Reading Clinic, received approximately 30 applications from concerned parents, and about 18 students were tutored. For the past two years, applications for the program run

well over 125 each year, with approximately 25 youngsters tutored each semester. Each youngster is paired with two undergraduates who work together planning the lessons and reflecting on how each session has gone. Youngsters are tutored twice each week for about an hour after school in the University's Reading Clinic in McGurrin Hall. The program has been a wonderful success; youngsters have made progress as readers, and undergraduates have learned how to teach children to read under the guidance of an experienced reading teacher.

**Exercise Science**

Eric Rome '02, with Dr. Ron Deitrick, Clinical Lab Coordinator Linda Drapeau, Jeff Kelly '02 and Kevin Heffernan '01, presented "Cardiorespiratory and Metabolic Effects of Varying Degrees of Unweighted Walking" at the American College of Sports Medicine annual meeting in Baltimore in April. There were roughly 6,000 attendees and about 1,500 presentations.

**Health Administration & Human Resources**

The department co-sponsored a Drug-Free Youth/SADD Conference with the Lackawanna County Commission on Drug and Alcohol Abuse on March 13 at The University of Scranton. In attendance were 209 teenagers, educators, and agency representatives. The Commission on Drug and Alcohol Abuse hopes that the department will consider co-sponsoring the conference next year.

**Nursing**

The department spotlights Karen Robson '94, who has been very active in continuing her education. In 1999 Ms. Robson completed the University's graduate program in nursing as a family nurse practitioner and received her School Nurse Certificate from East Stroudsburg University in 2000. She is currently enrolled in the post-master's Teacher Education Program at the University of Pennsylvania and is participating in scheduled learning activities at The University of Scranton under the guidance of Dr. Sharon Hudacek. Since 1994 Ms. Robson has been employed by the Commonwealth of Pennsylvania at the Northeastern Veteran's Center, a long-term care facility available to veterans and their spouses.

**Occupational Therapy**

The department welcomes four new faculty members:

- Karen Brady received her associate's degree in Allied Health, CPTA, from Trident Technical College in Charleston, S.C., a B.A. in communications from Mansfield University and an M.S. in occupational therapy from College Misericordia. Professor Brady has worked in a variety of settings including acute care, rehabilitation and long-term care.

- Lisa Burns, the department's clinical education coordinator, received a B.S. in occupational therapy from Indiana University. Lisa has been involved in the field for over 10 years.

- Dr. Elizabeth Ciaravino is a clinical psychologist who has been in private practice with children and adolescents. Prior to her appointment as assistant professor, she served as an adjunct faculty member at the University. Dr. Ciaravino received her B.A. in psychology from the State University of New York at Buffalo, a master's degree in occupational therapy from Boston University and a Ph.D. in psychology from Adelphi University.

- Barry Wolf received a B.S. in occupational therapy from Kean University and a master's degree in exercise physiology from Temple University. He has been employed as an occupational therapist for nearly 17 years.

Occupational Therapy students donated therapeutic equipment and educational materials to Round Lake Camp, a summer program for children ages 7 to 17 with a diagnosis of ADHD. The materials were constructed in OT 241, Activity Analysis II, under the direction of Professor Carol Reinson.

All University faculty, staff and their children or grandchildren are invited to join the Occupational Therapy Parent-Child Playgroup, which runs for 10 weeks. There is no charge, and weekly attendance is not required. The playgroup is run by students under the supervision of Professor Carol Reinson in the Edward R. Leahy, Jr., Center. Children with special needs are especially welcome.

**Physical Therapy**

Danielle Struble '01 recently published "Secondary Lymphedema and Breast Cancer" in *Rehabilitation Oncology*, vol. 19, no. 1, 2001, as part of her Professional Development independent-study course.

**Special Friends Program: An Intergenerational Approach**

**Service-Learning Grant**

Dr. Marjorie Maddox, associate professor of nursing, received a one-year service-learning grant from Generations Together at the University of Pittsburgh for her project "Special Friends Program: An Intergenerational Approach." Funded by the Association of Gerontology in Higher Education, the project's goal is to plan and organize a new series of intergenerational service-learning experiences in the community health nursing courses at The University of Scranton. The new experiences will involve a community-based low-income housing project, senior companions from a local agency specializing in services for the elderly and the participants of a local adult day care. The program is expected to continue and become part of a course offered in the spring semester.

The initial phase of the Special Friends Program involves students in the senior-level Community Health Nursing course. While the community health courses explore aspects of nursing across the lifespan, the elderly constitute a major focus due to the high number of older adults living in Lackawanna



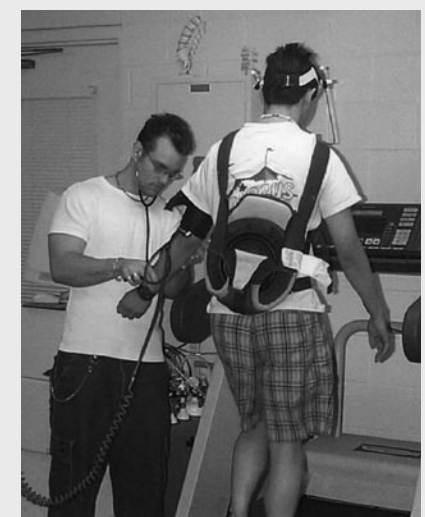
As part of an intergenerational grant received by Dr. Marjorie Maddox, LPN-B.S. nursing student Linda Kerecman reads to children about aging.

County. The students' clinical opportunities include home health agencies, public health departments, public schools, parish nursing, occupational health settings, low-income housing developments and senior centers. About one-third of the approximately 40 students in the community health nursing course are licensed practical nurses who have returned to school after a break of several years. The ages of other students are comparable to that of the average undergraduate student at The University of Scranton.

Student activity for the Special Friends Program this fall focuses on planning, coordinating and implementing the initial

**Student Profile: Kevin Heffernan '01**

Kevin Heffernan was among the first class of students to graduate from the Exercise Science program. This fall he is pursuing a Master of Science in applied physiology and nutrition at Columbia University Teacher's College. In this unique program, the nutrition courses are clinically based, with emphasis on the role of nutrition in both healthy individuals and special populations; the applied physiology courses are more research oriented. Kevin is particularly excited about having the opportunity to take several courses in Columbia's College of Surgeons and rubbing elbows with future doctors in his gross anatomy lab. He hopes to return someday to The University of Scranton as a guest speaker and renowned exercise physiologist.



Kevin Heffernan works on his senior project, "Metabolic and Cardiorespiratory Differences in Carrying an Infant Dorsally Versus Carrying an Infant Ventrally Using a Baby Backpack." He is pictured here taking a blood pressure reading while a student walks on the treadmill.

event, a drive-in movie, by mid-November and then planning for the program's continuation. This activity will involve the children from the low-income housing community along with the senior companions and participants at the adult day care. The drive-in movie event will require the children to create cardboard cars to be used at the adult day care when they view a children's movie with the seniors. Time will be taken to focus on creating a positive environment between the nursing students and children.

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**Freshman Honor Society**

A new Freshman Honor Society at the University of Scranton inducted its first members in a March 24 ceremony during which the University's chapter was named in honor of Richard H. Passon, Ph.D., professor of English and former provost and academic vice president at the University.

Established to encourage, honor and promote academic excellence among students early in their college careers, the chapter is part of Alpha Lambda Delta, the national honor society for freshmen.

On November 18, the Richard H. Passon Chapter will be installed as a chapter of the national Alpha Lambda Delta Honor Society. Dr. Dorothy Anderson of Susquehanna University, former national president of the society, will be the installing officer.

## Panuska College Addresses Social Justice

On October 24-25, the Panuska College Board of Visitors, faculty, staff and students met to address issues related to the service of faith and the promotion of justice. The Board of Trustees has asked the University to pay special attention to the call to action issued by Fr. Peter Hans Kolvenbach, S.J., the superior general of the Society of Jesus, at the Conference on Education for Justice that was held at Santa Clara University in October 2000. In his remarks Fr. General challenged the faculties, staffs and students of all of the American Jesuit colleges and universities to become agents for Gospel justice in an age of rampant consumerism. The Panuska College will continue to broaden the discussion by inviting members of the Board of Visitors to participate.

## Career Experience Day Held October 14

For high school students considering careers in health care, The University of Scranton held its first "Health Professions in Action: A Career Experience Day," offering students a unique opportunity, before registering for college, to experience the type of work done in an

array of health-related fields. Through a series of interactive activities, students and their families learned about the type of work done by professionals in human resources, exercise science, human services, health administration, nursing, occupational therapy and physical therapy.



*Dr. Timothy Hobbs (Education, left), visits with children with disabilities in Tbilisi, Republic of Georgia, as part of the partnership between The University of Scranton and Tbilisi Medical University.*

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